UNITED METHODIST WOMEN

Western North Carolina Conference

What: 2013 Spiritual Growth Retreat

When: June 14-15, 2013

Opening Session 6:45pm Friday / Ends Noon Saturday

Where: Lake Junaluska, Stuart Auditorium

Theme: Faithful Living
Leader: Rev. Amy Coles

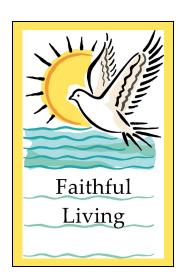


Rev. Amy Coles is currently serving as the District Superintendent of the Smoky Mountain District of the Western North Carolina Conference. A graduate of UNC-G in Child and Family Development and Duke Divinity School, she has pastored churches in Trinity, High Point, and Shoals, North Carolina. She was appointed to the Smoky Mountain District in 2012 after serving as a District Superintendent in the Albemarle District for three years. She enjoys gardening, "crafting", and spending time with family and friends in her

free time. Most recently, she has become the legal guardian of her 15-year-old nephew, Brandon. This new role is both strengthening her prayer life and serving as a wonderful example of the incredible grace of God.

Retreat Registration: (Begins February 1, 2013)

- On-site registration at the retreat \$20.00 per person
- Get a DISCOUNT! Register early and ONLINE!
 Online advance registration, February 1, 2013 through May 31, 2013 is only \$11.00 per person! Use the online registration link on our website at www.wnccumw.org.
- Advance registration fees are transferable, but non-refundable. So, if someone registers for the retreat, and is unable to attend, their registration fee is not refundable, but it is ok for someone else to attend in their place.
- Register yourself AND others! Our online registration offers the
 opportunity for you to register up to 35 guests at the same time
 that you do your own retreat registration. Help other members
 of your local unit to register online especially those who may
 not use a computer!
- **DO NOT** mail Spiritual Growth Retreat registration fee money to Lake Junaluska. Contact us if you have a question about registration.



Complete information about the retreat is available on our website:

www.wnccumw.org

Mark your calendar! Register ONLINE! Join us at the lake!

Contact Persons:

Retreat Information

Sandy Hieronymus, Mission Coordinator for Spiritual Growth, sandyh46@aol.com 704-545-6910

Questions about Online Payments

Julia Willis, Conference Treasurer jawillis1@aol.com 336.685.4857

Questions about Online Registration

Lynne Gilbert Webmaster Igilbert.umw@gmail.com 336-207-3479



Reservations Phone #:

1-800-222-4930 (Toll Free) 1-828-452-2881

Lake Junaluska Reservations:

Housing Reservations
Open February 1, 2013

To book Lake Junaluska lodging for the Spiritual Growth Retreat:

- Call the Lake Junaluska
 reservations department at
 1-800-222-4930. Then select 1
 for the Reservations Department,
 and the next available agent will
 be glad to assist you. The Lake
 Junaluska reservations team is on
 duty from 8:00 am until 5:00 pm,
 Monday through Friday.
- All reservations must be made this year by calling the reservations department. There will be no online housing reservations for this event.



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2013 Spiritual Growth Retreat

June 14-15, 2013 - Lake Junaluska, North Carolina

Lake Junaluska Accommodations & Rates

Terrace Hotel or Lambuth Inn

(Private baths, heat, air conditioning, phone, elevator)
Rates are per person, per day, room & meals.

	Room	Meals*	Total
Single	\$106	\$30	\$136
Double	\$60	\$30	\$90
Triple	\$41	\$30	\$71
Quad	\$33	\$30	\$63

*Lake Junaluska operates The Terrace and Lambuth on an American Plan, and meals are required with the room.

Lakeside Lodge

(Private baths, heat, air conditioning, TV, phone, no elevator)
Rates are per person, per day, no meals.

Single	\$78
Double	\$45
Triple	\$34
Quad	\$29

Junaluska Apartments

Rates are per person, per day, no meals.

Single	\$73	Quad	\$27
Double	\$41	Quintuplet	\$25
Triple	\$30	Sextuplet	\$25

Apartments are furnished with linens and blankets. Type A, C, & D have kitchens with small refrigerators, counter top burner, microwave, and limited equipment and dishes.

Lake Junaluska Lodging Information:

The minimum deposit for all Lake Junaluska facilities is \$35 per person. Reservations are not confirmed until deposit is received. Deposits must be received or room(s) will be released. In order to cancel a confirmed reservation, a cancellation request must be made 30 days prior to arrival date to receive a refund of the deposit less a \$15 per person processing fee. Deposits are on an individual basis; for group or family reservations in which individuals do not attend, the deposit will not be refunded or allowed to apply against charges for those who come. Check in at all facilities is 3:00pm; check out is 11:00am.

Meal Information:

The room rate that shows on your confirmation letter is the room rate only, meals are an additional cost. Meals are optional for all facilities other than the Terrace Hotel or the Lambuth Inn. Guests staying in optional meal facilities may purchase a 3 meal package at the same cost of \$30.00 per person for each 3 consecutive meals, or individual meals can be purchased: \$9.00 for breakfast, \$11.00 for lunch and \$13.00 for dinner. Children 6 through 11 years of age receive meals at half price, 5 years of age and under eat free. Meal package of \$30.00 per person, per day will automatically be added for each person staying in the Terrace Hotel or the Lambuth Inn.